



OUTWARD BOUND ROMANIA™

Aventura și învățare • Kaland és tanulás • Adventure and learning



PATHFINDER



Co-funded by the
Erasmus+ Programme
of the European Union





WHAT IS PATHFINDER ?

PATHFINDER is a 10 day long intensive & immersive outdoor personal development training course for young adults, with the focus on leadership.

INTENSIVE

We call the program intensive, because we believe in real challenges and real experiences. All the elements of the training course will demand high level of involvement and dedication from the participants.

IMMERSIVE

It is immersive because the participants' experience is real, the physical-psychological challenges are there to stimulate growth and it is happening with the consent & high involvement of the participants.

OUTDOOR

Almost all of the processes & experiences are facilitated outdoors in the OBR Youth Center, the surrounding Carpathian mountains and the Bezid lake.

PERSONAL DEVELOPMENT + LEADERSHIP

We combine personal development with the focus on leadership because in our 29 years experience leadership development can not happen without personal growth and this is true also the other way around.



LOGISTICS OF PATHFIDER



DATE

The program will take place between the 20th-31st of July, 2022.



PLACE

The **PATHFINDER** experience will take place in and around the OBR Youth Center in Sovata, in the Eastern Carpathian mountains and at the lake Bezid in Romania.



TARGET GROUP

Our target group are young people between the age 18-25, who are already finding themselves or consciously choosing to be in a leadership position, primarily at our partner organizations, or they would like to try themselves out as a leader in a safe learning environment. It is also important that these young adults are willing to work on themselves in order to grow consciously.



PARTICIPANT + PARTNER NUMBER

We expect 24 participants from 6 partner countries, including Outward Bound Romania, as a partner. This means 4 participants / partner organization.



ATTENTION FOR THE DETAILS

Because the **PATHFINDER** training course will be an intensive one, in a demanding work environment as it is usual for the Outward Bound Romania programs, we would love to keep close connection with our partners, in order to make sure we select the optimal candidates for this empowering journey.





PATHFINDER TIMELINE

DAY 1

Introduction of the PATHFINDER experience

DAY 3-5

Land expedition & personal development processes

DAY 8

Expedition closing, prep for the Peak Experience

DAY 10

Closing of the Pathfinder experience

DAY 2

Teambuilding & prep for the outdoors

DAY 6-7

Water expedition & personal development processes

DAY 9

Peak Experience

CHALLENGE IN AND OUT

During the program the participants will face challenges that stimulate self-image, self-appreciation, inclusion and group perspective.







EXPECTED IMPACT

PATHFINDER has the potential to create a long lasting nurturing impact on the participants. Through its design beside some practical skills the participants will gain insight on their behavioural profile, learn how to manage their state and how do they function as a leader but also as a team player.

SUSTAINABLE RESILIENCE-SYSTEM

We all work on our resilience, yet this built up system often is very demanding, and while we are under stress it crumbles to pieces. In this program the participants learn to create their own resilience system, adapted to their specific needs and conditions.

LEADING & FOLLOWING

We lead, we follow, and although this happens often and naturally, we rarely realize what are our patterns, what is sustainable for us and what needs adjustment. During the program the participants can face their patterns.

RECONNECTION & REDEFINITION

It is important to check in with ourselves from time to time, in order to identify change, adapt ourselves to the current circumstances and to our network. In the program the participants will have the chance to do this, on various levels.

APPRECIATION TOWARDS NATURE

We are part of nature and nature is part of us. We have to experience the challenges what nature offers to us as a present, in order to realize where we are in life, to celebrate our successes and to know in which direction we want to take our next step as a leader, as a team member, as an adult. In the frame of this training the participants will have the chance to go through this experience as well.

MORE DETAILS? CONTACT US



Outward Bound Romania (Studium HUB)
540064 Tirgu Mures str. Bolyai, nr. 15
jud. Mures Romania



dalma@outwardbound.ro



+40 769 224 290



outwardbound.ro





**OUTWARD BOUND
ROMANIA™**
Aventură și învățare • Kaland és tanulás • Adventure and learning

PATHFINDER



**LOOKING FORWARD TO WORKING TOGETHER.
LET'S EMPOWER THE PATHFINDERS.**



Co-funded by the
Erasmus+ Programme
of the European Union